

DISPATCH NOW IN CHICAGO

...CONTINUED

> INDULGE

Built to feel like an oasis for rest and relaxation, The NOW Massage is Chicago's new go-to destination for self-care. With over 80 locations across the country, this Los Angelesbased wellness massage boutique is opening its doors in Chicago to provide the perfect opportunity for clients to take a break and focus on stress relief and overall health improvement with Swedish-inspired massage techniques. Choose from three signature massage styles and pair with a variety of custom enhancements, such as herbal heat therapy; the Fresh Eyes soothing eye mask; and Hemp Calm Balm, a unique combination of cool peppermint and warm capsicum. 2038 N. Halsted St., 773.614.7971; 1109 S. Wabash Ave., 312.667.0960, thenowmassage.com



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by Liti-Anne
Brown, who
teamed up to create
a work punctuated
with song—which The New York
Times hailed as "sharp and satisfyingly foulmouthed"—about life during the pandemic.
July 15-18, goodmantheatre.org/live

Above: Ike Holter, playwright of I Hate It Here